

## Monthly Newsletter

March 2019

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Lent is already upon us. Although not all Christian denominations recognize Lent, it has always been a key part of the liturgical year for Lutherans (as well as Catholics, from which we came). As part of Lent, we have various traditions which are kept by some but less so by others. How did they get started? What are they for?

Lent is the period of 40 days which comes before Easter beginning on Ash Wednesday. It is a season of reflection and preparation. The 40 day period replicates Jesus Christ's sacrifice and withdrawal into the desert for 40 days, which explains the tradition of Lenten fasting, both from food and festivities.

Those who observe Lent use it as a time for prayer and penance. Only a small number of people today fast for the whole of Lent, although some maintain the practice on Ash Wednesday and Good Friday. It is more common these days for believers to surrender a particular vice such as favorite foods or smoking. Whatever the sacrifice, it is a reflection of Jesus' deprivation in the wilderness and a test of self-discipline.

During the Protestant Reformation, many of the practices of the Catholic Church were eliminated by the new Protestant denominations. Luther was not willing to eliminate any practice unless it expressly went against some Biblical teaching. While Lutherans would be against mandating certain fasting regimes, it is actually a practice, when done voluntarily, as an expression of faith, that can be helpful and beneficial. There are reported health benefits from fasting, but also there are spiritual benefits involving spiritual renewal and growth.

Fasting is mentioned often in the Bible. When David learned his son was going to die because of his adulterous affair with Bathsheba, he fasted, hoping that God would change His mind and allow him to live.

**2 Samuel 12:15-16** Then Nathan went to his house. And the LORD afflicted the child that Uriah's wife bore to David, and he became sick. David therefore sought God on behalf of the child. And David fasted and went in and lay all night on the ground.

Fasting was a process of mourning as when David heard of King Saul's death.

**2 Samuel 1:11-12** Then David took hold of his clothes and tore them, and so did all the men who were with him. And they mourned and wept and fasted until evening for Saul and for Jonathan his son and for the people of the LORD and for the house of Israel, because they had fallen by the sword.

Jehoshaphat declared a national fast in repentance for wrongdoings by the nation.

**2 Chronicles 20:3** Then Jehoshaphat was afraid and set his face to seek the LORD, and proclaimed a fast throughout all Judah.

The Israelites returning to Jerusalem from Babylon, humbled themselves and fasted as they asked God for safe travel.

**Ezra 8:21** Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods.

There is also evidence of fasting in the New Testament.

**Matthew 9:15** And Jesus said to them, "Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast."

**Acts 13:2-3** While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." Then after fasting and praying they laid their hands on them and sent them off.

As we prepare our hearts for Holy Week and the following Resurrection, may we humble ourselves and focus on renewal in our spiritual lives. If fasting helps to focus, then give it some consideration.

In His Name,  
Pastor Ted

# Highlights



## 2019 Lenten Worship Opportunities

***Lenten Worship*** ~ Wednesdays at 7:00pm ~ March 6 - April 10  
***"Signs of Lent"*** with rotation of Pastors from local LCMS congregations.

***Palm Sunday Worship*** ~ Sunday, April 14th at 8:30am & 10:45am

***Maundy Thursday Worship*** ~ Wednesday, April 18th at 7:00pm

***Good Friday Worship*** ~ Friday, April 19th at 7:00pm

### ***Easter Resurrection Celebration:***

- **Traditional Worship** 8:00am
- **Easter Breakfast** 9:00am-10:30am
- **Contemporary Worship** 10:45am

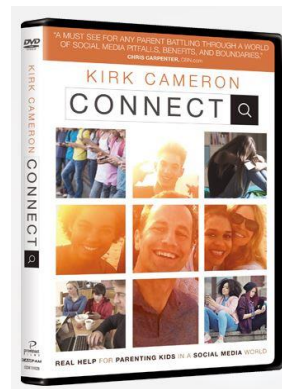
# KIRK CAMERON CONNECT

**Real help for parenting (and grand-parenting)  
kids & teens in today's technology-centered world!**

**Sunday, March 31st  
11:45 a.m.- 2:15 p.m.**

**"Keep your heart with all vigilance, for from it  
flow the springs of life."**

Proverbs 4:23 (ESV)



## **Event Schedule:**

**11:45 a.m. - 12:15 p.m. ~ Free pizza lunch ~ sign-up in the lobby**

**Location:** Lower level in Lifetree Cafe' area

**12:15 p.m. ~ Childcare (ages 6 weeks to 3yrs) ~ sign-up in the lobby**

**Location:** Upper level nursery

**12:15 p.m. ~ Kids Event *What Would Jesus Do?* (4 years old - 5th grade) ~  
sign-up in the lobby**

**Location:** Lower level in Sunday School area

**12:30-2:15 p.m. ~ CONNECT Documentary plus Panel of Professionals ~  
(6th grade - Adult) ~ no need to sign up**

**Location:** Upper level in the Sanctuary

In today's technology-centered world, the smartphone has become a cultural rite of passage for kids and teens.

How can this generation of parents and grandparents blaze a new trail to equip their kids and grandkids to thrive in an ever-changing digital environment while steering clear of the dangers that lurk nearby?

With six teens, Kirk Cameron fully understands this dilemma. So, he went to the experts and what he learned will enlighten, challenge, and encourage parents/grandparents. And best of all: it can help strengthen your family!

Join Kirk on this important journey of discovery and practical next steps in his documentary, **CONNECT**. If you're seeking resources to raising kids who will make an impact in this world, join our CONNECT event and find real help for parenting and grand-parenting kids in today's technology-centered world.

**More CONNECT Tools:**  
[Resources](#), [Experts](#), [In the News Articles](#)

Questions? Contact: [Melanie Appelquist](#) or [Carrie Hoshaw](#)



## Spring Rummage, Bake, & Plant Sale

WINGS (Women in God's Service) will sponsor a rummage, bake, and plant sale on Saturday, April 27 - 9:00 AM - 3:00 PM.

As you begin your spring cleaning, please set aside any items you would like to donate. Please note that we cannot accept large items as it is too difficult to handle them if they do not sell. Here are a few items to consider:

- Good, clean clothing for all sizes and ages
- Kitchen and household items
- Knick-knacks
- Jewelry
- Books
- Puzzles
- Baked goods
- Plants
- Gently used children's toys, etc.

If you have any questions, please contact Charlene Behne at 763-784-8320.

# Submit Your Recipes



***Ok, Good Shepherd,  
hand 'em over!***

You know what we're talking about . . . those delectable recipes that we've tasted but don't know the secret ingredients.

**YES! IT'S TIME FOR A NEW GOOD SHEPHERD LUTHERAN CHURCH COOKBOOK!**

With your help this cookbook will integrate Good Shepherd's HISTORY with stories and photos along with recipes we love! And better yet, . . . let's put the proceeds toward beautifying our Lord's church!

Send us your family's favorite recipes and Good Shepherd historical photos to [tedjenn82@gmail.com](mailto:tedjenn82@gmail.com). *Thank you!*

## Connect & Invite

Watch this space for exciting opportunities where we can, as a congregation, **CONNECT** with each other and **INVITE** others from the community to join us!

### Our First Event

- Good Shepherd hosted **The Bug Guy** on January 27th. There were 75 people in attendance that day. It was a day that brought new faces, lots of bugs, and millions of smiles. For the first time we tried a Facebook ad, which provided an additional way to reach out and proved to be an effective way to communicate.

### Upcoming Events

- **Connect Documentary Event** March 31st (see article under "Highlights" above)
- The **Teddy Bear Band** will be coming to Good Shepherd on **Sunday, April 14th** at 2:00pm. The **Teddy Bear Band** is an amazing group that has been performing for kids in the Twin Cities area for years. They are high energy and lots of fun! So bring your friends, neighbors, and your teddy bear! This event is **FREE** and everyone is welcome! There is an **Event Flier** located on the **Welcome Center**. Take a few and share with your friends, family, neighbors, and co-workers!

## Youth & Children's Ministry

### Children's Ministry

#### Sunday School

In Sunday School we are currently working through the stories that lead up to the Easter Story.



The Sunday School kids will be singing in church on March 3rd during the 8:30am service and Palm Sunday April 14th during the 10:45am service.

**Exciting news:** The Sunday School raised **\$178** for **Heifer International** through their offerings in September through December. We were able to purchase a **sheep, honeybees, and flock of chicks.** AMAZING JOB!

January-May the Sunday School kids are raising money for **Feed My Starving Children.**

Just a reminder. Each Day Club happens on Wednesday nights! Come and join the fun! **Bring a friend!**



## Each Day Club

**Each Day Club...walking with Jesus** is our Wednesday evening children's programming for kids in kindergarten through 5th grade. Each week as a member of the club, kids will be encouraged in their relationship with Jesus Christ. They will embark on an evening of interactive fun with praise music, teachable Bible moments, crafts, and fun games. Parents must bring their child downstairs to the Sunday school area to sign-in each Wednesday. **Invite a friend!**



# Ongoing Fundraisers to Support Youth at Good Shepherd!

## Like to Shop?

You can help support Good Shepherd Youth by signing up at [www.goodshop.com](http://www.goodshop.com). This website has some amazing deals and each time you use one of their sponsored retailers Good Shepherd's



Youth Group receives a percentage of the amount you spent from GoodShop. Make sure you select Good Shepherd Youth when you setup your account.

Also, if you like to shop on Amazon, use [Amazon Smile](#). Select Good Shepherd Lutheran Church. Each time you purchase something through Amazon Smile the youth group will receive a percentage from Amazon Smile!

If you have any questions please contact [Melanie Appelquist](#) 763-784-8417.



## Save your ink cartridges!

Don't throw Away your ink cartridges!

Good Shepherd Youth have launched a fundraising project with the help of an inkjet recycling company **Empties4Cash**. Empty inkjet cartridges can be recycled and remanufactured. Our group will receive up to \$4.00 for each cartridge turned in.

You can help! Any inkjet cartridge with a print head can be recycled, regardless of brand or type.

Do you have an HP, Lexmark, Xerox, Compaq, Brother, Dell, Canon, or Apple printer? Bring in your empty OEM inkjet cartridges (placed in the original box that you would have thrown away to keep it safe from spills and damages, or a Ziploc bag). (Note: Epson cartridges cannot be recycled - they don't have a print head.) Please give them to Melanie Appelquist.

# Opportunities to Learn, Grow, Serve!

## ***TO MOVE MOUNTAINS... GOD'S DESIGN FOR YOUR LIFE!***

**Family Ministry Bible Studies for 2019  
Sunday Opportunities**

***"What is impossible with man is possible  
with God." Luke 18:27***

### **What's Next for 2019?**

**Join us as we search for the desire and  
gather tools to WANT to be the hands and  
feet of Christ.**



### ***Sunday Morning***

***Cross-Generational Small Group DVD  
Bible Study  
Education Hour 9:30 AM - 10:30 AM***

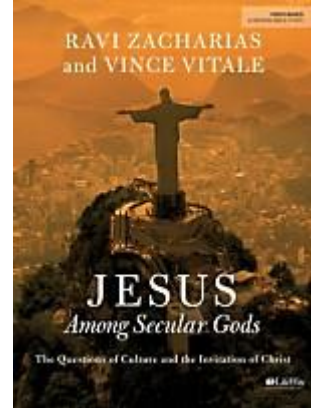
### ***Jesus Among Secular Gods: The Questions of Culture and the Invitation of Christ***

***Begins February 17, 2019 - 9:30 AM - 10:30 AM - Lifetree Cafe' area  
Ravi Zacharias and Vince Vitale***

**Defending The Hope of Christ**

## Against the Beliefs of Today

Belief in the secular gods of atheism, scientism, pluralism, humanism, relativism, and hedonism continues to grow. Can you defend the claims of Christianity? This six-session Bible study challenges the popular and trending philosophies of today, skillfully pointing out the fallacies in their claims and presenting compelling evidence for absolute truth as found in Jesus and revealed in Scripture. Learn how to share your faith in a culture of opposing worldviews and how to articulate why you believe Jesus stands tall above other gods.



This Bible Study Will:

- Develop your confidence in challenging modern philosophies and worldviews.
- Equip you to respond to difficult questions posed by unbelievers.
- Teach you to competently counter cultural challenges while sharing the Christian faith.

[Jesus Among Secular Gods DVD series](#) by Ravi Zacharias and Vince Vitale helps seekers explore the claims of Christ and provides Christians with the knowledge to articulate their faith that Jesus stands tall above all other gods.

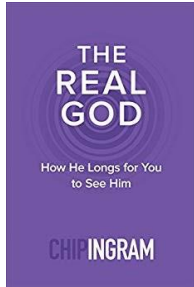
This six-session study is video based and designed to encourage meaningful dialogue and practical application through essential scripture passages in a large group setting.

Childcare provided for ages six weeks through 2 years of age. Watch for nursery care sign-up in the Sunday school area.

Sunday mornings from 9:30 AM-10:30 AM (Lifetree Café area)

### Session titles:

February 17	Be Prepared
February 24	Atheism and Scientism
March 3	Pluralism
March 10	Humanism and Relativism
March 17	Hedonism
March 24	Conversations that Count



***The Real God: How He Longs for You to See Him* by  
Chip Ingram  
Begins March 31st, 2019**

Chip Ingram states in that there is a deep sense of unease in our rapidly changing world. We all know something has been lost but don't know why or where it all leads. Popular culture says it's all about me - that the end justifies the means that love means self-satisfaction, that status and appearance are what count. And this ultimately self-destructive perspective has thoroughly infiltrated the church as confusion replaces conviction. The way back, the path of hope, starts with knowing God for who He really is.

When you join Chip Ingram in this in-depth study of seven attributes of God - His goodness, sovereignty, holiness, wisdom, justice, love, and faithfulness - you'll see Him in a whole new light. It will change the way you think about God, yourself, and others. You will pray and live with a deep peace and a renewed purpose as you see Him as He longs to be seen.

The Real God eight -session small-group study is video based and designed to encourage meaningful dialogue and practical application through essential scripture passages.

The Real God DVD Series Sunday mornings in the Lifetree Café area. Nurse care provided, sign-up sheet found on the Welcome Center.

**Sunday Session Titles:**

March 31	Seeking God
April 7	Goodness of God
April 14	Sovereignty of God
April 21	<i>No class due to Easter celebration</i>
April 28	Holiness of God
May 5	Wisdom of God
May 12	Justice of God
May 19	Love of God & Faithfulness of God

Questions: contact [Carrie Hoshaw](#) 763-784-8417.

## Couples Bible Study

***Anxious for Nothing: Finding Calm in a Chaotic World*** by Max Lucado  
March 1, 2019 - 7:00-9:00pm



**TO MOVE MOUNTAINS**  
*God's Design for your Life*

**Anxiety just comes with life.** The question becomes how does it impact our marriages and those we love? How do we find calm in this chaotic world? Where do we find strength in the uncertainties of life's challenges?

Max Lucado states when it comes to anxiety, depression, and stress-related illnesses, America is the front-runner. Thankfully, there's a practical prescription for dealing with them. Max provides a roadmap for battling with and healing from anxiety and reminds us what God's Word reveals, anxiety doesn't have to dominate life. In this five-session video-based Bible study, he looks at seven admonitions from the apostle Paul in Philippians 4:4-8 that lead to one incredible promise: "The peace of God which surpasses all understanding." Max unpacks each verse, and shows how God is ready to give comfort to help us face the calamities in life, view bad news through the lens of sovereignty, discern the lies of Satan, and tell ourselves the truth. We can be anxious for nothing and discover true peace from God that surpasses all human understanding.

Join Good Shepherd's Couples Bible Study ([click here for preview](#))! Whether you are engaged or married Max will take you on the journey to true freedom and experience more joy, clarity, physical renewal, and contentment by the power of the Holy Spirit through each session. Anxiety comes with life. However, it doesn't have to dominate your life.

**Friday monthly session dates:** Please join us for any or all sessions.

September 7	Rejoice in the Lord Always
October 5	Let Your Gentleness Be Known To All
January 4	In Everything by Prayer... with Thanksgiving
February 1	The Peace of God... Will Guard Your Hearts
<b>March 1</b>	<b>Meditate on These Things</b>

**\*\*Each couple will receive an *Anxious for Nothing* Study Guide.** This Guide invites us to develop into Philippians 4:6-7 Christ followers, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving,

present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." The study guide includes six small-group sessions, relevant Scripture, and personal-study content and activities for five days of study for each session, it also allows couples time together to build on what they learned during the session.

Questions: contact [Carrie Hoshaw](#) 763-784-8417.

## St. Andrew's Family Shelter

We will continue to have an opportunity to help our neighbors in need at the St. Andrew's Family Shelter in Hugo. Good Shepherd will be serving on the following dates:

**May 5 - May 11**

**August 11 - August 17**

**November 3 - November 9**



St. Andrew's Family Shelter is the overnight shelter where families, from our own neighborhoods, that are experiencing homelessness stay while receiving case management at the Community Resource Center at St. Andrew's Lutheran Church in Mahtomedi. During our scheduled weeks of service, volunteers are needed for the dinner shift (5:00 - 8:30 pm), and the overnight shift (8:15 pm - 9:15 am).

All volunteers at St. Andrew's Family Shelter are required to have completed a volunteer application for a background check and view a Safe Boundaries training video prior to volunteering. (If you are already signed up to be a part of this ministry, you should have received an email recently with a link to sign up to serve during this upcoming service week.)

We would love to have you join our group of volunteers! If you have any questions or want more information, please contact Linda Carlson (612) 803-4376 or [ljcarlson416@gmail.com](mailto:ljcarlson416@gmail.com).

# Women's Prayer and Praise Retreat

**Mark your calendars!**

**Friday August 23rd - Sunday, August 25th**

Do you need a reason to slow down and really see the beauty in God's magnificent creation?

When was the last time you truly got away from your daily responsibilities and took the time to clear your thoughts and listen to God?

Do you long for a long, uninterrupted time to talk with God in prayer?

Jesus provided us with an excellent example of the need to "get away" from everyone for a while and have time with our heavenly Father. As women we care for others on a regular basis, we also need a break once in a while.

Invite your mother, daughter, sister, like-a-sister friend to join you.

Plan now to join us for a special weekend in the Northwoods ... just outside Danbury...where we can enjoy the luxury of a room with a view, hike along wooded trails and lakes, canoe/kayak, read, rest, soak in a hot tub, make s'mores around a campfire, re-connect with God, and make some wonderful memories with other Christian women.

Cost per person: \$190 for the entire weekend and includes all meals, snacks, planned activities & materials-2 people per lodge room.

Pick up a packet of information in the lobby. Registration and deposit due by May 5th to reserve your spot.

Questions? Ask Eugenia 651-483-1991 or Kristine 612-810-0315

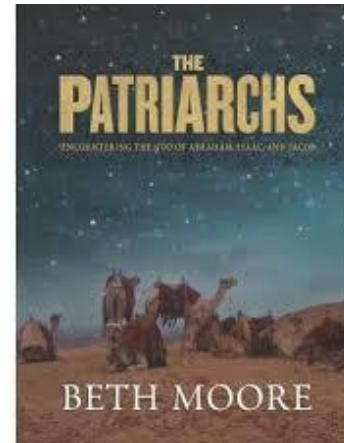




# Women's In-Depth Bible Study

**The Patriarchs: Encountering the God of Abraham, Isaac, and Jacob** by *Beth Moore* provides a personal study experience for this in-depth women's Bible study of Genesis 12-50.

Discover God's pursuit of a relationship with man, and marvel as His plan to bless all people unfolds. Full of twists and turns, ruin and redemption, revelation and mystery, this Bible study will keep us captivated by the God who stars in it! We will explore concepts such as blessings, covenant, and promise, and the bearing each has on New Testament believers lives today. We will also study the Hebrew name of God introduced on the early pages of Scripture.



Throughout 11 sessions and 10 weeks of DVD lessons on exciting and engaging intrigue, we will plunge into the heart of Genesis to God's remarkable pursuit of relationship, and to the unfolding of His earthly plan: that through one nation - and ultimately one man - all people on earth will be blessed. Many of the most profound and enduring concepts in the whole counsel of God's Word are initiated in this marvelous book of beginnings.

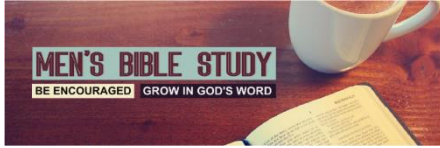
Women's In-Depth Bible Study will meet on selected Monday evenings from 6:30-8:00 pm in the lower level of the church.

## **DATES:**

- **March 25**
- **April 8**

If you have any questions, feel free to contact Eugenia Steffens at 651-271-1850 or [Eugenia.steffens@hcmcd.org](mailto:Eugenia.steffens@hcmcd.org)





## Men's Bible Study

We will be continuing our comparisons of the four Gospels which we began last winter. This study basically takes one person's attempt at putting all four Gospels in chronological order. So far, this has proven to be a very rewarding look at the Bible. We basically take turns reading the various texts and then discussing the differences. We will be finishing up the 2nd year of Jesus' ministry and then moving on to the 3rd year. Please consider joining us. Our study coincides with the Monday night Women's Bible study. If you have questions please contact Dan Netland or Pastor Ted.

### DATES:

- March 11
- March 25

## Ladies Tuesday Morning Bible Study



The Ladies' Tuesday Morning Bible Study meets in the Lifetree Cafe' area from 9:30-11:00am.

In March we will continue our study of the book of Revelation "Worthy is the Lamb." See the meeting dates below.

If you would like to join us in this study, please contact Charlene Behne at 763-784-8320.

**March Dates: 5, 12, 19, 26**



## **LWML Spring Rally St. Croix River Zone**

The St. Croix River Zone LWML Spring Rally will be held on Saturday, April 6th at Rose of Sharon Lutheran Church in Cottage Grove.

The speaker will be Pastor Ben Griffin of LINC Twin Cities.

Look for more details in the upcoming bulletins in March.

## **WINGS News**



WINGS (*Women in God's Service*) will meet on Saturday, March 16th at 9:30am in the Lifetree Cafe' area. We will begin with a light breakfast with the meeting and the program to follow.

The program for that morning will be "Always the Cross" led by Ruth Halverson. Hostess will be Darlene Sandbakken!

If you have any questions, please contact Charlene Behne, WINGS Chairperson, at 763-784-8320.

Also, see "Highlights" section above for news on the upcoming Rummage, Bake, and Plant Sale and how you can help.



## **Quilting News**

Join us as we continue to quilt for Lutheran World Relief and other purposes, and to make pillows for our soldiers.

No experience is required. Quilts are given to those who need encouragement and a reminder of how much they are loved and cared about by Jesus Christ, and that He is always with them as they travel along life's journey.

If you would like to help or provide material, please contact Lissa Marcello at 763-783-3790 or just come on the designated Thursday evenings.

**March Dates: 7, 14, 21, 28**

**Time: 6:30-8:00pm**

**Place: Lower level - Sunday School area**

## Soul Food News



The Soul Food Ministry Team is designed to serve others with the love of our Lord Jesus.

Good Shepherd volunteers periodically gather together and prepare homemade soups. We then freeze them, so they can easily be delivered to individuals and families who could be blessed by the love-gift of a ready-made meal and a short visit.

If you know of someone who may be blessed by the gift of a Soul Food meal delivery, please let us know. Also, if you have a heart to serve in this ministry or have any other questions, please contact Darlene Sandbakken at 763-780-4614 or Val Hicke at 763-807-5562.



## Young Adult Small Group

**Young adults connecting with young adults!**

Join us on Sunday evenings from 6:00-7:30 pm at Good Shepherd in the senior high youth room in the lower level. This group is for college age and up.

Want more information? Contact Brandon Fudali at 651-329-4317.



**Tuesdays at 7:00 pm**  
**or**  
**Thursdays at 10:30 am**

- Week of 3/3 - "**Allergic to Food: Living in an incredible, edible world.**"
- Week of 3/10 - "**How the Next Generation Will Change the World: Get ready for the millennial revolution**"
- Week of 3/17 - "**Angels: Are they reaching out to you?**"
- Week of 3/24 - "**Family Do-Over: Is it ever too late?**"
- Week of 3/31 - "**Breaking the Cycle of Sexual Abuse: One brave woman's story.**"

Invite your friends for conversation. We're also on Facebook!

If you have any questions, please contact: Melanie Appelquist, Darlene or Marty Leiding, or Ann Wellmann.

Reminder: Host and Friendship Teams, please arrive one hour early.



## **Monthly Prayer Meeting**

**The last Sunday of each month at 6:00 pm in the lobby.**

**Next Meeting: March 31**

Praying in daily life is as important as breathing. Just as we all need oxygen to live, we need

God's presence in us for us to be fully alive.

"We tend to use prayer as a last resort, but God wants it to be our first line of defense. We pray when there's nothing else we can do, but God wants us to pray before we do anything at all. Most of us would prefer, however, to spend our time doing something that will get immediate results. We don't want to wait for God to resolve matters in His good time because His idea of 'good time' is seldom in sync with ours." Oswald Chambers, Scottish teacher, writer and minister, 1874-1917.

## Attention: Centennial High School and Middle School Moms!

Do you worry about your children? Come experience God's peace and hope when you pray alongside other moms. Moms in Prayer International (formerly Moms In Touch), gathers moms together to pray for God to transform our children and schools. Won't you join with us in prayer for this next generation?

Please contact Leanne Abraham at 651-766-7442 or [MIPICentennial@gmail.com](mailto:MIPICentennial@gmail.com) for information about our local group. For more information about Moms in Prayer International visit their [website](#).



## Prayer at Good Shepherd

### How do I submit a prayer request?

1. Fill out a prayer request card (found in the pew) and place it in the offering plate during the offering on Sunday. OR
2. Go to the [website](#) and click on "Prayer Request" at the top. OR
3. [Email](#) or Phone (763-784-8417) your request in.

### Do you have compassion for others? Are you a Prayer Warrior?

#### - Join the **Prayer Team** on the 4th Sundays at 6pm

(You can bring your requests and those of other to the meeting. You can pray with the group or just listen and support at the group prays.)

#### - Consider joining **Moms in Prayer**

#### - Sign up to be an email prayer chain member

1. Send an email to [office@goodshepherdlink.org](mailto:office@goodshepherdlink.org) indicating your interest in being a part of the prayer chain.

2. You will be added to the email list and receive emails with requests to add to your personal prayer time.

### **Anyone who has a heart to pray for others is invited.**

The power of prayer is an instrumental way to lift up your brothers and sisters in Christ who are requesting prayers. Good Shepherd invites and encourages you to be part of the Prayer Chain. This can be done in your own private prayer time.

These prayers would come from those submitted from Sunday Worship as well as prayers emailed or called in directly to the church.

### **What is the Power of Prayer?**

Never underestimate the power of prayer. When you are praying according to God's will, your prayer is unstoppable. Therefore, we should never give up or back down. We need to keep praying. That is why Jesus said, "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you" (Matthew 7:7).

Mark 11:25 - Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.

1 John 5:14-15 - And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.

## **Get Connected & Keep Connected**

Help us keep up-to-date on your current contact information.

Keeping connected to your church home and family is crucial to busy day-to-day schedules.

Forms are available on the "Welcome Center" in the church lobby for whenever your information changes (address, phone, email, etc.).

If you would like to include or update your picture in the directory, just send it via your smart phone or computer to the church office at [office@goodshepherdlink.org](mailto:office@goodshepherdlink.org). We also know not everyone has the capability to send it electronically. Just call the church office at 763-784-8417 to arrange a time for us to take your picture for you.

Thank you for helping us keep you CONNECTED to Good Shepherd!







**Contributions made simple.** Good Shepherd wants to remind you that we offer electronic giving as a way to automate your regular weekly offering.

Do you find yourself forgetting to write out your check or leave it at home on Sundays? Would you find it helpful to have your offerings debited directly from your bank account as you may already do with other obligations? We highly recommend **"Simply Giving"**. It is convenient for you and provides much-needed donation consistency for our church. To set-up electronic donations, simply complete an Authorization Form and place it in the drop off box, both are located at the Welcome Center.



The Centennial Community Food Shelf is located at 200 Civic Heights Drive (in the lower level City Hall building).

Good Shepherd continues to work with the Food Shelf and would like to thank everyone for their generous volunteer support and contributions.

Good Shepherd has a drop box for food donations located by the coat rack in the lobby. If you would like to make a financial donation to the local food shelf, please make checks payable to: Centennial Community Food Shelf and mail to:

Centennial Community Food Shelf  
c/o Gethsemane United Methodist Church  
7330 Lake Dr  
Lino Lakes MN 55014

The food shelf provides emergency foods (3-5 days supply) for about 250 local households each month. Volunteers are always needed to serve on the first Thursday of the month from 3:45-6:15 at the Centennial Food Shelf. Team members come together with a driving compassion to serve the community by meeting the needs of others.

Please contact Darlene Leiding at 651-484-0119 if you are interested in becoming a volunteer.



