



Monthly Newsletter

January 2019



The start of a new year is always welcome. A chance to push the "restart" button, fix the problems that arose in the past year and move on. We all love new starts, because we all mess up. That is the nature of our broken world. That is what is appealing regarding the gospel message. Forgiveness and grace. To forget about the past and to start new again with a clean slate.

But as we look forward to the New Year, we realize it will also come with its own new set of problems. Sounds a bit like a rat race, doesn't it? Well maybe, in a sense, it is. . . without Jesus.

With Jesus, though, we have hope. Because he promises He will make all things new.

Revelation 21:5 *And he who was seated on the throne said, "Behold, I am making all things new." Also he said, "Write this down, for these words are trustworthy and true."*

This promise isn't for a "temporary new", but a "new" that will last for eternity. A world where sin is defeated (including death and sickness which comes with death) and where we will live in peace and joy with our Savior.

As we enter the new year with the hope of tomorrow, may we be reminded of Jesus' promise, and let that Good News bring joy to our present year.

In His Name,
Pastor Ted

Highlights

Your Help is Needed

Thursday, January 3 - 4:00-7:00pm

Help is needed to take-down the big Christmas trees in the front of the worship area.

Please come when you can and leave when you need to. The more help we have, the faster the job will go!

Muscles and height would be very helpful as well.

Thank you in advance.



Thank You!



Our thanks to everyone who donated gift cards through the Giving Tree.

Your generosity will help us to support many in our midst who are in need over the next year.

Thank you for being a blessing to others!

Bruce the Bug Guy

Free Community Event!

Everyone welcome to attend - bring your friends!

"**The Bug Show** is a unique hands-on and ENTO-taining educational program that features a wide assortment of living and preserved insects and related arthropods.

Displays of unusual and spectacular insects from around the world, combined with a variety of LIVE insects, spiders, scorpions and millipedes give participants a truly close-up and unique look at the 'amazing and hidden world of insects and arthropods.'

The hands-on and interactive nature of the program-- kept lively with humor, fun props and occasional 'surprises'--make it especially meaningful and enjoyable for people of all ages and abilities."

Sunday, January 27th 2:00 p.m.

Good Shepherd Lutheran Church
1 Shepherd Court, Circle Pines, MN 55014

Everyone welcome to attend!

Questions contact [Melanie Appelquist](#) or 763-784-8417

Submit Your Recipes



**Ok, Good Shepherd,
hand 'em over!**

You know what we're talking about . . . those delectable recipes that we've tasted but don't know the secret ingredients.

**YES! IT'S TIME FOR A NEW GOOD SHEPHERD
LUTHERAN CHURCH COOKBOOK!**

With your help this cookbook will integrate Good Shepherd's HISTORY with stories and photos along with recipes we love! And better yet, . . . let's put the proceeds toward beautifying our Lord's church!

Send us your family's favorite recipes and Good Shepherd historical photos to tedjenn82@gmail.com. *Thank you!*

St. Andrew's Family Shelter Update

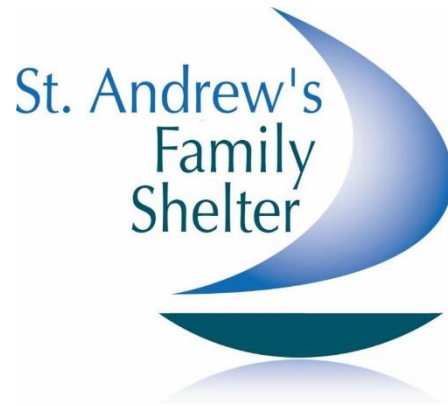
In 2019, we will again be serving our neighbors in need at the St. Andrew's Family Shelter in Hugo. Good Shepherd will be serving on the following dates:

January 27 - February 2

May 5 - May 11

August 11 - August 17

November 3 - November 9



St. Andrew's Family Shelter is the overnight shelter where families, from our own neighborhoods, that are experiencing homelessness stay while receiving case management at the Community Resource Center at St. Andrew's Lutheran Church in Mahtomedi. During our scheduled weeks of service, volunteers are needed for the dinner shift (5:00 - 8:30 pm), and the overnight shift (8:15 pm - 9:15 am).

All volunteers at St. Andrew's Family Shelter are required to have completed a volunteer application for a background check and view a Safe Boundaries training video prior to volunteering. (If you are already signed up to be a part of this ministry, you should have received an email recently with a link to sign up to serve during this upcoming service week.)

We would love to have you join our group of volunteers! If you have any questions or want more information, please contact Linda Carlson (612) 803-4376 or ljcarlson416@gmail.com.

Youth & Children's Ministry

Youth News

Youth Fundraising - Attention Congregation

Heggie's Pizza Sale: Thank you to all who ordered pizzas to support Good Shepherd's Youth Group!

Pizzas will be available to pick up on January 13th after each service. Please contact [Melanie Appelquist](#) if you are unable to pick yours up that day.

Youth Events

Update:

- Good Shepherd Youth had a White Elephant Christmas Party on December 2nd. We had 12 youth attend that day. They had a yummy lunch, wrapping paper fashion show, Christmas Carol Pictionary, decorated/made reindeer antlers, and exchanged white elephant gifts.
- A big thank you to everyone who help with and made cookies for the cookie sale! It was a huge success.



Upcoming:

- **Beat the Winter Blues Movie Party** is January 6th Noon-3:30 p.m. in the youth room. We will be watching a movie and having some lunch. If you would be willing to donate lunch please contact [Melanie](#).

Children's Ministry

Sunday School

On December 16th the **Sunday School Kids and Friends** did a wonderful job presenting the Children's Christmas Program. Almost 200 people enjoyed their presentation of the story of Christ's birth.



A big thank you to all the kids, family, friends, teachers, and staff who made this program possible.

Exciting news: The Sunday School raised enough money during the Fall to buy a sheep for Heifer International!

In January-May they will be raising money for Feed My Starving Children.

REMINDER: Each Day Club is Wednesday nights! Come and join the fun! Bring a Friend!

Each Day Club



EACH DAY Club...walking with Jesus is our Wednesday evening children's programming for kid's kindergarten through 5th grade.

Each week as a member of the club, kids will be encouraged in their relationship with Jesus Christ.

They will embark on an evening of interactive fun with praise music, teachable Bible moments, crafts, and fun games.

Parents must bring their child downstairs to the Sunday school area to sign-in each Wednesday.



Like to Shop? Support Youth at Good Shepherd!

You can help support Good Shepherd Youth by signing up at www.goodshop.com. This website has some amazing deals and each time you use one of their sponsored retailers Good Shepherd's Youth Group receives a percentage of the amount you spent from GoodShop. Make sure you select Good Shepherd Youth when you set up your account.

Also, if you like to shop on Amazon, use [Amazon Smile](#). Select Good Shepherd Lutheran Church. Each time you purchase something through Amazon Smile the youth group will receive a percentage from Amazon Smile!

If you have any questions please contact [Melanie Appelquist](#) 763-784-8417.

TO MOVE MOUNTAINS... GOD'S DESIGN FOR YOUR LIFE!

Family Ministry Bible Studies for 2019
Sunday and Wednesday Opportunities

"What is impossible with man is possible with God." Luke 18:27

What's Next for 2019?

Join us as we search for the desire and gather tools to WANT to be the hands and feet of Christ.



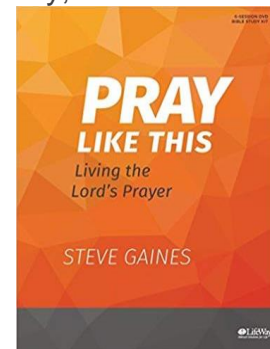


Sunday Morning
Cross-Generational Small Group DVD
Bible Study
Education Hour 9:30-10:30am

Pray Like This: Living the Lord's Prayer
Begins January 6, 2019

Steve Gaines, author of *Pray Like This* DVD series ([click here for preview](#)) states that prayer is the most dynamic discipline in the life of a believer. Yet it may be the most misunderstood, and the least taught. This six-session study shows believers that following Jesus' Model Prayer will lead them to fall more in love with God and grow in their desire to engage in conversation with Him. Impactful, inspiring video sessions introduced by Pastor Steve Gaines include interview segments with proven leaders: J. D. Greear, Robby Gallaty, Ronnie Floyd, Kelly Minter, Ken Hemphill, Lisa Harper, Ed Litton, H. B. Charles, Michael Kelley, and more.

In this study, you'll see the significance of starting your prayers by acknowledging God as Father. You'll learn what it means for His name to be recognized as holy. You'll discover what you're asking God to do when you pray for His kingdom to come and His will to be done. You'll see what Jesus meant when He told us to ask God for daily bread. You'll understand the importance of asking for forgiveness in your prayers. The study ends by emphasizing the need to ask God to deliver us from the evil one.



This six-session small-group study is video based and designed to encourage meaningful dialogue and practical application through essential scripture passages.

Sundays 9:30-10:30am in the Lifetree Café Area.
Child care provided. Watch for nursery care sign-up.

Sunday Session Titles: Please join us for any or all sessions.

January 6	Our Father in Heaven
January 13	Your Name Be Honored as Holy

January 20	Your Kingdom Come, Your Will Be Done, on Earth as it is in Heaven
January 27	Give Us Today Our Daily Bread
February 3	And Forgive US Our Debts, as We Also Have Forgiven Our Debtors
February 10	And Do Not Bring Us into Temptation, but Deliver Us from the Evil One

Pray Like This Study Benefits:

- Understand how seeing God as Father affects your prayer life.
- Grasp the significance of God's invitation to call on His holy name.
- Learn how a prayerful posture leads to an understanding of God's will.
- Develop spiritual maturity and a knowledge of God's kingdom through prayer.
- See the role Scripture plays in an effective prayer life.
- Develop greater dependence on God by recognizing that He provides all your daily needs.
- Discover the path to knowing God more intimately through prayer.
- Learn how to wage spiritual warfare through prayer.

Questions: contact [Carrie Hoshaw](mailto:carrie@goodshepherdlink.org) at carrie@goodshepherdlink.org or 763-784-8417.

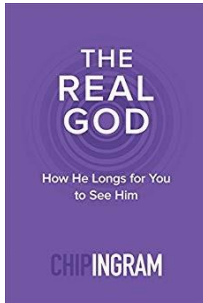
Wednesday Evening
Cross-Generational Small Group DVD
Bible Study
6:00-7:30pm

The Real God: How He Longs for You to See Him
Begins January 2, 2019



Chip Ingram states that there is a deep sense of unease in our rapidly changing world. We all know something has been lost but don't know why or where it all leads. Popular culture says it's all about me - that the end justifies the means, that love means self-satisfaction, that status and appearance are what count. And this ultimately self-destructive perspective has thoroughly

infiltrated the church as confusion replaces conviction. The way back, the path of hope, starts with knowing God for who He really is.



When you join Chip Ingram in this in-depth study of seven attributes of God - His goodness, sovereignty, holiness, wisdom, justice, love, and faithfulness - you'll see Him in a whole new light. It will change the way you think about God, yourself, and others. You will pray and live with a deep peace and a renewed purpose as you see Him as He longs to be seen.

The Real God ([click here for preview](#)) eight -session small-group study is video based and designed to encourage meaningful dialogue and practical application through essential scripture passages.

**Wednesday 6:00-7:30 PM in the Lifetree Café Area.
Child care provided. Watch for nursery care sign-up.**

Wednesday Session Titles: Please join us for any or all sessions.

January 2	Seeking God
January 9	Goodness of God
January 16	Sovereignty of God
January 23	Holiness of God
January 30	Wisdom of God
February 6	Justice of God
February 13	Love of God
February 20	Faithfulness of God

Questions: contact [Carrie Hoshaw](mailto:carrie@goodshepherdlink.org) at carrie@goodshepherdlink.org or 763-784-8417.

Couples Bible Study

Anxious for Nothing: Finding Calm in a Chaotic World by Max Lucado

January 4, 2019 - 7:00-9:00pm



Anxiety just comes with life. The question becomes how does it impact our marriages and those we love? How do we find calm in this chaotic world? Where do we find strength in the uncertainties of life's challenges?

Max Lucado states when it comes to anxiety, depression, and stress-related illnesses, America is the front-runner. Thankfully, there's a practical prescription for dealing with them. Max provides a roadmap for battling with and healing from anxiety and reminds us what God's Word reveals, anxiety doesn't have to dominate life. In this five-session video-based Bible study, he looks at seven admonitions from the apostle Paul in Philippians 4:4-8 that lead to one incredible promise: "The peace of God which surpasses all understanding." Max unpacks each verse, and shows how God is ready to give comfort to help us face the calamities in life, view bad news through the lens of sovereignty, discern the lies of Satan, and tell ourselves the truth. We can be anxious for nothing and discover true peace from God that surpasses all human understanding.

Join Good Shepherd's Couples Bible Study ([click here for preview](#))! Whether you are engaged or married Max will take you on the journey to true freedom and experience more joy, clarity, physical renewal, and contentment by the power of the Holy Spirit through each session. Anxiety comes with life. However, it doesn't have to dominate your life.

Friday monthly session dates: Please join us for any or all sessions.

September 7	Rejoice in the Lord Always
October 5	Let Your Gentleness Be Known To All
January 4	In Everything by Prayer... with Thanksgiving
February 1	The Peace of God... Will Guard Your Hearts
March 1	Meditate on These Things

***Each couple will receive an Anxious for Nothing Study Guide. This Guide invites us to develop into Philippians 4:6-7 Christ followers, "Do not be*

anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." The study guide includes six small-group sessions, relevant Scripture, and personal-study content and activities for five days of study for each session, it also allows couples time together to build on what they learned during the session.

Questions: contact [Carrie Hoshaw](mailto:carrie@goodshepherdlink.org) at carrie@goodshepherdlink.org or 763-784-8417.

Women's Breakfast, Bibles & Blessings

Saturday, January 26th, 9:00 - 11:30am
In the Lifetree Cafe area.

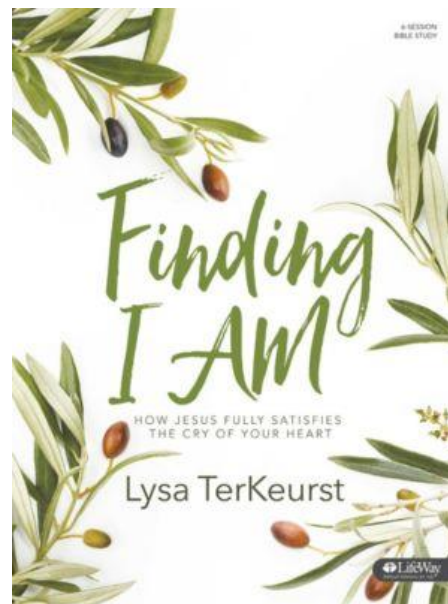
Ladies ~ Please plan to join us on Saturday, January 26th for a morning of food, fellowship and a study of God's Word in a casual, relaxed atmosphere that welcomes women of all ages.

Throughout the year, at each Breakfast, Bibles and Blessings, we will take a closer look at the "I AM" statements of Jesus. Through our video lessons-based in the Holy Land ([click here for preview](#)), and our Bible study small group discussions, we will come to know our Savior in a deeper way as we learn more about who He truly is. When we grasp the "I AM" statements, we'll more clearly see and understand these pictures of Jesus, and we will draw nearer to Him as a result. We all need to know Jesus better-He is everything we need.

There will be a lobby display coming in January for more information and with invitations to hand out to others. ~ We encourage you to invite friends, neighbors, co-workers, etc.

All are welcome and you will be blessed!

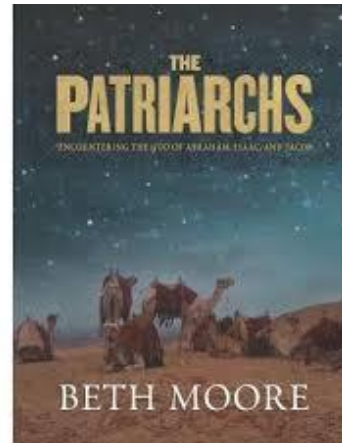
Sponsored by Good Shepherd's Women's Ministry Team



Women's In-Depth Bible Study

The Patriarchs: Encountering the God of Abraham, Isaac, and Jacob by *Beth Moore* provides a personal study experience for this in-depth women's Bible study of Genesis 12-50.

Discover God's pursuit of a relationship with man, and marvel as His plan to bless all people unfolds. Full of twists and turns, ruin and redemption, revelation and mystery, this Bible study will keep us captivated by the God who stars in it! We will explore concepts such as blessings, covenant, and promise, and the bearing each has on New Testament believers lives today. We will also study the Hebrew name of God introduced on the early pages of Scripture.



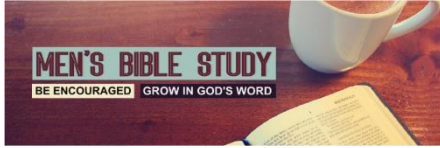
Throughout 11 sessions and 10 weeks of DVD lessons on exciting and engaging intrigue, we will plunge into the heart of Genesis to God's remarkable pursuit of relationship, and to the unfolding of His earthly plan: that through one nation - and ultimately one man - all people on earth will be blessed. Many of the most profound and enduring concepts in the whole counsel of God's Word are initiated in this marvelous book of beginnings.

Women's In-Depth Bible Study will meet on selected Monday evenings from 6:30-8:00 pm in the lower level of the church.

DATES:

- **January 7 & 28**
- **February 11 & 25**
- **March 25**

If you have any questions, feel free to contact Eugenia Steffens at 651-271-1850 or Eugenia.steffens@hcmcd.org



Men's Bible Study

We will be continuing our comparisons of the four Gospels which we began last winter. This study basically takes one person's attempt at putting all four Gospels in chronological order. So far, this has proven to be a very rewarding look at the Bible. We basically take turns reading the various texts and then discussing the differences. We will be finishing up the 2nd year of Jesus' ministry and then moving on to the 3rd year.

Please consider joining us. Our study coincides with the Monday night Women's Bible study. If you have questions please contact Dan Netland or Pastor Ted.

DATES:

- **January 7 & 28**
- **February 11 & 25**
- **March 25**

Ladies Tuesday Morning Bible Study



The Ladies' Tuesday Morning Bible Study meets in the Lifetree Cafe area from 9:30-11:00am.

In January we will continue our study of the book of Revelation "Worthy is the Lamb." See the meeting dates below.

If you would like to join us in this study, please contact Charlene Behne at 763-784-8320.

January dates: 8, 15, 22, 29



Update

A big thank you to everyone who donated, shopped, helped set-up and take down for our annual WINGS Craft and Bake Sale held in early December.

We are happy to announce that we cleared over \$1,060. The proceeds will be used for outreach activities such as purchasing gift cards, the National Youth Gathering, and mission projects.

Again, thank you so much for your support!

If you have any questions, please contact Charlene Behne, WINGS Chairperson, at 763-784-8320.

WINGS News



WINGS (*Women in God's Service*) will meet on Saturday, January 19th at 9:30am in the 'Lifetree Cafe' area. We will begin with a light breakfast with the meeting and program to follow. We will be meeting during the winter on Saturday mornings. For those of you who don't care to come out in the evening, come and join us that morning to see what we're all about and what activities we support and do.

The program for that morning will be "We Begin Anew" led by Ruth Halverson. Hostess will be Charlene Behne!

Please contact Charlene Behne at 763-784-8320 with any questions.



Quilting News

Join us as we continue to quilt for Lutheran World Relief and other purposes, and to make pillows for our soldiers.

No experience is required. Quilts are given to those who need encouragement and a reminder of how much they are loved and

cared about by Jesus Christ, and that He is always with them as they travel along life's journey.

If you would like to help or provide material, please contact Lissa Marcello at 763-783-3790 or just come on the designated Thursday evenings.

January Dates: 3, 10, 17, 24, 31

Time: 6:30-8:00pm

Place: Lower level - Sunday School area

Soul Food News



The Soul Food Ministry Team is designed to serve others with the love of our Lord Jesus.

Good Shepherd volunteers periodically gather together and prepare homemade soups. We then freeze them, so they can easily be delivered to individuals and families who could be blessed by the love-gift of a ready-made meal and a short visit.

If you know of someone who may be blessed by the gift of a Soul Food meal delivery, please let us know. Also, if you have a heart to serve in this ministry or have any other questions, please contact Darlene Sandbakken at 763-780-4614 or Val Hicke at 763-807-5562.



Young Adult Small Group

Young adults connecting with
young adults!

Join us on Sunday evenings from 6:00-7:30 pm at Good Shepherd in the senior high youth room in the lower level. This group is for college age and up.

Want more information? Contact Brandon Fudali at 651-329-4317.



Tuesdays at 7:00 pm
or
Thursdays at 10:30 am

- Week of 1/6 - "**Second Chances**: From down and out to up and at 'em."
- Week of 1/13 - "**Does God Play Favorites?**: Why would a caring God bless some and not others?"
- Week of 1/20 - "**Kids Without a Country**: An illegal immigrant's story."
- Week of 1/27 - "**Hard to be Healthy**: TV's 'Biggest Loser' weighs in."

Invite your friends for conversation. Fliers are available at the display in the church lobby. We're also on Facebook!

If you have any questions, please contact: Melanie Appelquist, Darlene or Marty Leiding, or Ann Wellmann.

Reminder: Host and Friendship Teams, please arrive one hour early.

[Lifetree January Calendar](#)



Monthly Prayer Meeting

The last Sunday of each month at 6:00 pm in the lobby.

Next Meeting: January 27

Praying in daily life is as important as breathing. Just as we all need oxygen to

live, we need God's presence in us for us to be fully alive.

"We tend to use prayer as a last resort, but God wants it to be our first line of defense. We pray when there's nothing else we can do, but God wants us to pray before we do anything at all. Most of us would prefer, however, to spend our time doing something that will get immediate results. We don't want to wait for God to resolve matters in His good time because His idea of 'good time' is seldom in sync with ours." Oswald Chambers, Scottish teacher, writer and minister, 1874-1917.

Attention: Centennial High School and Middle School Moms!

Do you worry about your children? Come experience God's peace and hope when you pray alongside other moms. Moms in Prayer International (formerly Moms In Touch), gathers moms together to pray for God to transform our children and schools. Won't you join with us in prayer for this next generation?



Please contact Leanne Abraham at 651-766-7442 or MIPICentennial@gmail.com for information about our local group. For more information about Moms in Prayer International visit their [website](#).



Prayer at Good Shepherd

How do I submit a prayer request?

1. Fill out a prayer request card (found in the pew) and place it in the offering plate during the offering on Sunday. OR
2. Go to the [website](#) and click on "Prayer Request" at the top. OR
3. [Email](#) or Phone (763-784-8417) your request in.

Do you have compassion for others? Are you a Prayer Warrior?

- Join the **Prayer Team** on the 4th Sundays at 6pm

(You can bring your requests and those of other to the meeting. You can pray with the group or just listen and support at the group prays.)

- Consider joining **Moms in Prayer**

- Sign up to be an email prayer chain member

1. Send an email to office@goodshepherdlink.org indicating your interest in being a part of the prayer chain.
2. You will be added to the email list and receive emails with requests to add to your personal prayer time.

Anyone who has a heart to pray for others is invited.

The power of prayer is an instrumental way to lift up your brothers and sisters in Christ who are requesting prayers. Good Shepherd invites and encourages you to be part of the Prayer Chain. This can be done in your own private prayer time.

These prayers would come from those submitted from Sunday Worship as well as prayers emailed or called in directly to the church.

What is the Power of Prayer?

Never underestimate the power of prayer. When you are praying according to God's will, your prayer is unstoppable. Therefore, we should never give up or back down. We need to keep praying. That is why Jesus said, "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you" (Matthew 7:7). Mark 11:25 - Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.

1 John 5:14-15 - And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.

Get Connected & Keep Connected

Help us keep up-to-date on your current contact information.

Keeping connected to your church home and family is crucial to busy day-to-day schedules.

Forms are available on the "Welcome Center" in the church lobby for whenever your information changes (address, phone, email, etc.).

If you would like to include or update your picture in the directory, just send it via your smart phone or computer to the church office at office@goodshepherdlink.org. We also know not everyone has the capability to send it electronically. Just call the church office at 763-784-8417 to arrange a time for us to take your picture for you.

Thank you for helping us keep you CONNECTED to Good Shepherd!



Contributions made simple. Good Shepherd wants to remind you that we offer electronic giving as a way to automate your regular weekly offering.

"Simply Giving" offers convenience for members and provides much-needed donation consistency for our congregation. Consider scheduling a recurring contribution today.

You will no longer need to write out checks or prepare envelopes every week. Simply complete an Authorization Form and place it in the drop off box, both are located at the Welcome Center. Donations can be debited automatically from either a checking or savings account.



The Centennial Community Food Shelf is located at 200 Civic Heights Drive (in the lower level City Hall building).

Good Shepherd continues to work with the Food Shelf and would like to thank everyone for their generous volunteer support and contributions.

If you would like to donate to the local food shelf, please make checks payable to: Centennial Community Food Shelf and mail to:

Centennial Community Food Shelf
c/o Gethsemane United Methodist Church
7330 Lake Dr
Lino Lakes MN 55014

The food shelf provides emergency foods (3-5 days supply) for about 250 local households each month. Volunteers are always needed to serve on the first Thursday of the month from 3:45-6:15 at the Centennial Food Shelf. Team members come together with a driving compassion to serve the community by meeting the needs of others.



Please contact Darlene Leiding at 651-484-0119 if you are interested in becoming a volunteer.